

# APRIL 2026

## GECAC NORTH EAST SENIOR CENTER

50 East Main Street, North East, PA 16428 (814) 725-5195

### **CENTER HOURS**

*Tuesday thru Friday  
9:00 a.m. to 3:00 p.m.*

*Lunch Served at  
12:00 Noon  
(\$2.00 Donation/person)*

April  
SHOWERS  
BRING  
May  
FLOWERS



### **Daily Lunches**

GECAC provides lunches for Seniors 60 and older Tuesday through Friday at our Center. We serve promptly at 12:00 noon on those days. **Meal Donation is \$2.00 per person per day. This fee does not apply to special events.** We are asking that you sign up on the sheets near the front entrance **two weeks** in advance. This will help the kitchen staff plan better for our daily numbers. If you sign up and can't attend, please give us a call. Our preference is to have too many meal versus not enough. We order a few extra meals each day to cover for visitors. If you forget to sign up when you are at the Center, just give us a call and we will be glad to add you to the list.

### **How Do Donations and Fundraised Dollars Help Our Center**

**Meal Donations** help to off-set the cost of meals. On average, the actual cost of the meal is over \$5.00. Meal donations also help maintain or replace equipment. These dollars are vital to maintaining the Center and its daily operations. **Booster and Fundraiser Donations** help pay for parties, entertainment, snacks and more. They also help pay for programming like exercise, craft classes, computer usage and more. These dollars are vital to your programming options and enjoyment of the Center. **Donations and Fundraisers** are all voluntary; however please continue to support your Center by whatever means you are able. The Center and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services

### NUTRITION CLASS

Megan Reilly from Adagio Health will be here on Wednesday, on April 8th at 10:30 a.m. to do a presentation healthy choice foods. She will also be bringing treats to share with all who attend this session. Please let us know if you will be attending. Thank you!

### Medicare Minute

The Annual Open Enrollment Period for Medicare Advantage Plans ended on March 31st. Next opportunity to change plans will be October 15th to December 7th unless, you have a Special Enrollment Period (SEP). A SEP is a period of time outside of the Open Enrollment period when you may be eligible to apply for a stand-alone prescription drug plan or a Medicare Advantage Plan or remain in Original Medicare with or without a prescription drug plan.

Situations that don't qualify for a Special Enrollment Period: 1) Your COBRA coverage or retiree coverage ends. 2) You missed your 8-month window to sign up when you stopped working or lost job-based coverage. 3) You have lost your Marketplace coverage. OR 4) You have End Stage Renal Disease (ESRD).



### REMINDER TO EVERYONE

### HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. This includes using the area near the grass next to the benches. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!



### Property Tax/Rent Rebate Program

Pennsylvania's Property Tax/Rent Rebate program is open. This program benefits income eligible Pennsylvanians age 65 and older, widows and widowers age 50 and older; and people with disabilities age 18 and older. Your income level must be \$48,110.00 or less. To apply you will need: your social security number, proof of income and proof of property tax paid in 2025 or rent paid. You can apply online at [myPath.pa.gov](http://myPath.pa.gov). If you need assistance with applying for this rebate, contact Kathy.

<u>INCOME</u>	<u>MAXIMUM REBATE</u>
\$0 to \$8,550	\$1,000.00
\$8,551 to \$16,040	\$770.00
\$16,041 to \$19,240	\$460.00
\$19,241 to \$48,110	\$380.00

### INCOME TAX ASSISTANCE

4 Nine Thrift Shop is offering vouchers with the N.E. Community Foundation to get free tax preparation. Vouchers must be picked up in person during store hours, Monday/Wednesday noon until 4:00 p.m. and Saturday 10:00am to 2:00 p.m. Please go to the Stores office with your proof of North East residency.

#### Other places to get taxes done:

Harborcreek Municipal Building: Call Rick (AARP) at 814-824-9480 to make an appointment.

Salvation Army– 1022 Liberty St. Erie. Call 814-454-6497 then press 0 option to make an appointment. Time for appointments are Thursdays only.

The GECAC North East Senior Center, Operated by Greater Erie Community Action Committee Area Agency on Aging, is funded in part by PA Dept. of Aging: Dr. Ben Wilson GECAC CEO, Ray Maholtz, AAA Division Manager.

# GECAC NORTH EAST SENIOR CENTER APRIL 2026 EVENTS



2 Annette Nowosielski  
2 Larry Lichtenberger  
9 Raye Jean Orton  
25 Patricia Kosobucki


Mon	Tue	Wed	Thu	Fri	Sat
		9:30a Exercise Class 10:30a Games 12:00p Lunch	10:00a Games 11:00a Tai Chi 12:00p Lunch 1:00p Bingo		9:00 a.m. North East Crazy Quilters
6	10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	7 9:30a Yoga <u>10:30a Nutrition</u> <u>Speaker from Adagio</u> 12:00p Lunch	8 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	9 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	10 11
13 N.E. in Bloom Meeting 6:30 p.m.	14 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	15 9:30a Exercise Class 10:30a Games 12:00p Lunch	16 10:00a Games <u>10:30a NURSE</u> 11:00a Tai Chi 12:00p Lunch 1:00p Bingo	17 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	18 9:00 a.m. North East Crazy Quilters
20	21 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	22 9:30a Yoga 10:30a Games 12:00p Lunch	23 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	24 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	25
27	28 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	29 9:30a Exercise Class 10:30a Games 12:00p Lunch	30 10:00a Games 11:00a Tai Chi 12:00p Lunch		





# GECAC NORTH EAST SENIOR CENTER APRIL MENU 2026



Tue	Wed	Thu	Fri
	<b>Stuffed Chicken Breast</b> <b>Sweet Potatoes</b> <b>Vegetables</b> <b>Fruit</b>	<b>Cheeseburger</b> <b>Steak Fries</b> <b>Coleslaw</b> <b>Fruit Cup</b>	
<b>Oven Fried Chicken</b> <b>Macaroni 'n' Cheese</b> <b>Brussel Sprouts</b> <b>Fruit Cup</b>	<b>Country Fried Steak</b> <b>Mashed Potatoes</b> <b>Broccoli</b> <b>Fruit Cup</b>	<b>Chicken and Noodles</b> <b>Mixed Vegetables</b> <b>Jell-o</b>	<b>Stuffed Pepper</b> <b>Brown Rice</b> <b>Toss Salad</b> <b>Ice Cream</b>
<b>Broccoli Soup</b> <b>Chicken Salad Pita</b> <b>Fruit Cup</b>	<b>Swedish Meatballs</b> <b>Noodles</b> <b>Peas</b> <b>Ice Cream</b>	<b>Taco Salad</b> <b>Dessert</b>	<b>Meatball Sub</b> <b>Spinach Salad</b>
<b>Beef Stew</b> <b>Sweet Potatoes</b> <b>Yellow Beans</b> <b>Fruit Cup</b>	<b>Salisbury Steak</b> <b>Diced Potatoes</b> <b>Peas</b> <b>Pudding cup</b>	<b>Chicken Cordon Bleu</b> <b>Broccoli</b> <b>Cookie</b>	<b>Beef Ravioli</b> <b>Tossed Salad</b> <b>Fruit Cup</b>
<b>Sausage Sub</b> <b>w/peppers &amp; onions</b> <b>Baked Beans</b>	<b>Ox Roast Sandwich</b> <b>Vegetables</b> <b>Coleslaw</b> <b>Jell-O</b>	<b>Stuffed Cabbage</b> <b>Mashed Potatoes</b> <b>Vegetable</b> <b>Fruit Cup</b>	<b>Tuna Salad Sandwich</b> <b>Baby Carrots</b> <b>Fruit Cup</b>

## Hospital Admission Vs. Observation

When staying over in a hospital, there is a difference between being admitted and being under observation. Admitted means inpatient and your Part A hospital coverage is billed. You pay a \$1,736 per event deductible (period), then \$0 for 60 days. When you stay over for observation, you have an outpatient status, and your Part B is billed. The observation status often results in higher out-of-pocket expenses because you pay for individual services.

If you find yourself staying over in a hospital and are there for more than 24 hours, the hospital must provide you with a Medicare Outpatient Observation Notice (MOON). This notice will explain why you are considered outpatient. You can stay over multiple days and still be outpatient and under observation.

You can be proactive and ask if you are being admitted, or under observation. If under observation, you can ask more questions about that status and potentially have it changed if applicable.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, appeal Medicare decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs.

**For help in understanding your options, contact your local  
PA MEDI Office for More Information**

**GECAC Erie Area Agency on Aging \* 814-459-4581 Ext. 400**



Pennsylvania  
Medicare Education  
and Decision Insight



**PA MEDI, available through  
your local Area Agency  
on Aging, offers free,  
confidential, unbiased, and  
easy-to-understand  
information to Medicare-  
eligible individuals,  
their families, and caregivers.**

**PA MEDI empowers  
seniors and people with  
disabilities to make  
informed decisions  
about Medicare  
health insurance.**



Pennsylvania  
Department of Aging



State Health Insurance  
Assistance Program  
Navigating Medicare